

BANQUET & CATERING

2024 / 2025



Best Western Cowihan Valley Inn
6457 Norcross Road Duncan, BC V9L6C5
(250) 748 - 2722
cvilounge.manager@gmail.com

Welcome to The Best Western Cowichan Valley Inn Your Place to Call Home

We are delighted to offer our banquet and catering services in our 2 large banquet rooms or delivered to your location.

We offer a variety of delicious catering menus, accommodating most allergies and dietary restrictions.

Please contact us for availability and any inquiries regarding catering and menu.

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PLATTERS

All prices are subject to
5% GST & 20% Gratuity
People approximately
Small 10 | Medium 20 | Large 30

Fresh Muffins/Pastries 50 | 90 | 125

Fresh Vegetables & Dip 50 | 95 | 145

Cocktail Sandwiches 50 | 90 | 125

Spinach Dip with Sourdough bread | 65 |

Chorizo Sausage Rolls 60 | 110 | 165

Fresh Fruit 55 | 105 | 155

Sweets & Squares 45 | 85 | 130

Assorted Mini Quiche 50 | 95 | 145

Assorted Cookies 50 | 90 | 125



PARTY PLATTERS

All prices are subject to
5% GST & 18% Gratuity
People approximately
Small 10 | Medium 20 | Large 30

Italian Pizzas	75 145 220
Assortment of meats, vegetables & cheese	
Indian Platter	85 165 240
Samosas, pakoras, chicken & satay skewers, naan bread, tamarind sauce	
Asian Platter	85 165 250
Veggie spring rolls, chicken balls & potstickers – plum sauce, sweet Thai, sweet & sour sauce	
Roast Chicken souvlaki with tzatziki, olives and hummus	85 165 250
Sushi Platter	85 165 240
Assortment of sushi	
Spinach dip bread bowl	 65
Assorted mini quiche	50 95 145
Chorizo sausage rolls	60 110 165
Caprese skewers with balsamic reduction	60 110 165
Fruit salad skewers with pistachio dip	60 110 165
Vegetable & dip platter	50 95 145
Build your own cheesecake bar	130 255 380
Build your own sticky toffee pudding bar	130 255 380
Cream puff tower	90 175 265

BREAKFAST MENU

Prices are per person
All prices are subject to
5% GST & 20% Gratuity
MINIMUM 10 guests (Surcharge of \$3 per
person if less than 10)

Breakfast A | 26 / PP |

Farmer Ben's Scrambled Eggs
Thick Cut Maple Bacon or Sausage
Fried Hash Browns
Assorted Toast or Croissants
Yogurt & Granola
Fruits

Breakfast B | 26 / PP |

Waffle & Pancakes with Maple
syrup
Island Scrambled Eggs
Fresh Country Sausage or Bacon
Whipped cream & Berry compote
Yogurt & Granola



LUNCH BOXES

Prices are per person

All prices are subject to

5% GST & 20% Gratuity

Each include a side, main & dessert

Paninis | 22 |

Philly Cheesesteak

Roast beef, peppers, onions, swiss cheese, garlic, mayo

Chicken, Bacon, Swiss

Tomato, mayo, bacon, chicken, swiss cheese

Chicken, Brie, Fig

Green apples, fig jam, mayo, chicken, brie, tomato

Ham, Brie

Grainy mustard, ham, tomato, brie, mayo

Veggie Stack

Roast peppers, eggplant, pesto, brie, mayo

Tacos | 23 |

Choice of:

Cajun Chicken

Spicy beef

Refried beans

Served in tortilla with cheddar, lettuce, salsa & sour cream

Sides

Spring house salad

Caesar salad

7 Bean salad

Greek salad

Vegetables & hummus



Power Bowl | 25 |

Stir Fry vegetable

Broccoli, carrots, celery, onion, red peppers & mushrooms with housemade stir fry sauce (choice of rice or vermicelli)

Chicken & Broccoli

Vermicelli noodles or rice topped with pan seared chicken breast & broccoli florets in a creamy thai peanut sauce (choice of rice vermicelli)

Butter chicken

A delicious tomato based sauce with chicken, naan bread & long grain basmati rice

- No side, ample portion.

Wraps | 24 |

Crispy Chicken Caesar

Crispy chicken pieces, romaine lettuce, bacon & Parmesan

Buffalo Chicken

Crispy chicken in hot sauce, spring greens, tomato & cheddar

Greek Souvlaki

Greek pork or chicken, romaine lettuce, cucumber, red peppers, red onion, feta cheese & Greek dressing

Chipotle Clubhouse

Bacon, chicken, lettuce, tomato, shredded cheese, chipotle mayo, pulled pork

- Vegetarian options available

LUNCH BUFFETS

Prices are per person

All prices are subject to

5% GST & 20% Gratuity

MINIMUM 20 guests (Surcharge of \$3 per person if less than 20)

Sandwich station | 28 |

Assorted artisan breads, ham, roast chicken, shredded chicken, lettuce, tomato, onion, peppers, cheddar, Monterey jack & swiss. With Guacamole, hummus, mayo, mustard & chipotle.

Choice of 2 salads: Greek, Caesar, 7 bean, spring green or pasta

Includes vegetable & dip and sweet square platter.

Hot Sandwich Buffet | 25 |

Assorted grilled paninis, vegetable and dip platter and your choice of Spring green, greek and caesar salad

Taco Buffet | 28 |

Load up on flour tortillas, Cajun chicken, spicy beef, refried beans, roasted peppers, onions, shredded cheese, salsa, sour cream, diced tomatoes. Served with guacamole, chipotle aioli & crispy tortilla chips.

Includes vegetable & dip and sweet square platter.

Mediterranean Buffet | 32 |

Roasted Mediterranean vegetables, oregano & lemon roasted potatoes.

Served with warm pita bread, tzatziki, hummus & plain yogurt

Includes Greek & pasta salads, vegetable & dip and sweet square platter.

Salad Bar | 28 |

Keep it light and fresh with an assortment of salad fixings including:

Romain lettuce, spring mix, spinach, onions, cucumbers, peppers, mushrooms, tomatoes

Chickpeas, nuts, seeds, sprouts

Crispy tortilla strips, parmesan, feta, cheddar cheese

Grilled chicken, salmon filets

Balsamic vinaigrette, ranch, Italian & poppy seed dressing

Includes garlic bread vegetable & dip and sweet square platter.

Indian Buffet | 33 |

Choice of butter chicken or chicken

tikka masala with basmati rice, naan bread & tamarind sauce

Includes vegetable & dip and sweet square platter.

DINNER MENU

Prices are per person

All prices are subject to

5% GST & 20% Gratuity

MINIMUM 30 guests (Surcharge of \$3 per person if less than 30)

Roast Beef Buffet | 48 |

Roast baron of beef, house made Au jus, our famous Yorkshire pudding, horseradish, garlic mashed potatoes, herb roasted nugget potatoes, seasonal vegetables, fruit platter, dessert squares, vegetable platter & your choice of salad.

Add a prawn skewer \$54 pp

Spinach & Feta stuffed pork loin | 44 |

~~Mushroom sauce, fresh dinner rolls, lemon & oregano~~ roasted potatoes, Mediterranean vegetable lasagna, seasonal vegetables, fruit platter, dessert squares, veggie platter with a choice of salad

Indian Buffet | 44 |

Butter chicken, chicken tikka masala, basmati rice, braised potatoes, naan bread, samosas, seasonal vegetables, fruit platter, dessert squares, veggie platter with a choice of salad

Mediterranean Buffet | 45 |

Roast chicken souvlaki skewers, warm pita bread, sautéed Mediterranean vegetables, Greek rice, lemon & oregano roast potatoes, tzatziki, hummus & olives, fruit & vegetable platters, dessert squares, your choice of salad

Italian Pasta Buffet | 45 |

Ciabatta garlic bread, herb & garlic prawn skewers, choice of 2 of our pastas: Seafood linguine & Chicken and sun dried cranberry pesto, choice of 2 salads, fruit & veggie platter, desserts squares

Turkey Buffet | 46 |

Roast turkey & chorizo sausage stuffing, rosemary turkey gravy, garlic mashed potatoes, Orange and Cranberry Compote, seasonal vegetables, fruit & vegetable platter, dessert squares, with a choice of salad



Gluten free, Dairy Free, Vegan and Vegetarian options available upon request